## LAKE OF THE SKY



GARDEN CLUB

THE OFFICIAL NEWSLETTER OF THE LAKE OF THE SKY GARDEN CLUB SEPTEMBER 2006, VOLUME 16, NUMBER 7 BOX 1827, TAHOE CITY, CA 96145-1827 Member of the National Garden Clubs, INC / Pacific Region California Garden Clubs, INC / Golden Foothills District

# ALL THE DIRT

#### OFFICERS Brooident

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Nancy Hardesty,	530-581-1734
or	650-473-6042
VP Membership:	
Geoff Nicholls,	530-587-4649
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Treasurer:	
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Master Gardener Coordinator:	
Diane Morrison,	530-546-2325
Newsletter:	
Cornelia Kallerud,	530-581-4672
Historian: open	
Website : www.lake-of-the-sky.org	

LAKE OF THE SKY NAMETAGS If you need a name tag, please contact Patty Robbins at 530 587-4647 ( Send OCTOBER 2006 newsletter information to Geoff Nicholls by October 5<sup>th</sup>, 2006 530-587-4649

### Next Meeting - Monday September 25<sup>th</sup>, 3:30pm. Fairway Center, Tahoe City.

Due to lack of input or response from members regarding the cruise, the September meeting will be held on the 25th at the Fairway center. Guest speaker will be a surprise, but bring plants for the plant exchange and any gardening questions that you have been pondering over all summer and see if the group can't help solve the mysteries. Hope to see you there! Helen Shadowens

Note to all gardening members please submit your garden experiences, ideas, book reports, travels to botanical gardens to the newsletter and share your successes and failures with all of us. Let us know if there's any topic you would like to see in the letter on a regular basis.

### We'd really like someone to take on the Historian position.

This should be a fun activity gather or take pictures, collect articles and other garden club information and create a scrapbook.

If you are into scrap booking, please consider this task.

### Want to become a UNCE Master Gardener volunteer?

The spring 2007 Master Gardener Training will be held in Reno, contact

Wendy Hanson, University of Nevada Cooperative Extension, (775) 887-2252 or hansonw@unce.unr.edu.

to put your name on the list.

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### PRESIDENT'S MESSAGE

Summer may not be officially over yet, but fall is definitely in the air. The willows are already turning vellow, so the aspens won't be too far behind. Now that the last big holiday of summer has come and gone, along with most of our friends from other places, we can begin to relax and enjoy what I think is the best time of the gardening season. The weather is still nice with a little chill in the early morning. Most of my favorite flowers are starting to fade, but the astilbe, coneflowers, asters and sedum are beginning to bloom. I'm starting to get a bit lazy about the weeding and the deer spray and am more willing to share my remaining plants with the critters. After all, I'll be cutting them back in a month or so anyway. There's still plenty of time to plant before winter, but this year I'm going to eniov my garden just the way it is. There's always next year. Happy gardening! Emily Hatch

### LAKE OF THE SKY minutes for the August 28, 2006 meeting at the Fairway Center in Tahoe City.

Our new president, Emily Hatch chaired her first meeting. Barbara Menk moved to approve the minutes for last month's potluck meeting which was held at Lorrie and George Moore's home. Barbara Briggs Seconded, and the motion was approved.

The treasurer's report was given by our new treasurer, Richard Caravelli, who reported we now have \$13,917.43. Our 2006 Garden Tour grossed \$6,800.00. We have five new members for a total of seventy members.

Kathy Swigard gave a report on our one and only new scholarship applicant, Sophie Scully, who has been accepted at Humboldt State. Lorrie Moore moved to award Sophie the scholarship of \$1,000.00, it was seconded by Jay Dahm, and approved by all in attendance.

Lorrie Moore gave the 2006 Garden Tour report and thanked all who worked hard to support this year's tour. It will cost \$266.82, for pictures and six 11" X 15" albums. Julie Halpin, hospitality chairman, sent two signup sheets for hostesses for meetings for the coming year. One for the Fall— September and October, and one starting for the Spring---March, April, May and June. *No Old Business* 

### New Business: Kathy Swigard suggested we have a calendar

suggested we have a calendar page incorporated in our newsletter.

Helen Shadowens reported our next meeting will be September 25, 2006. We will have a plant exchange and a Garden Question & Answer Session.

Lorrie Moore had Bearded Iris for those who wanted some.

Helen reported we will be giving outgoing President, Christa Cullen a gift of Yoga Pants for all her hard work guiding the Club over the past year. If you are interested in the Emerald Bay Dinner and Cruise (\$55.00), call Helen @ 448-1368.

Our speaker for the meeting, Michael Janick, from Paradise Valley, Nevada, was introduced. He owns:

Pruning Services For The Home

### Garden

901 Gordon Avenue

Reno, Nevada 89509 He is Soooooo into Apples!!! He even brought hard cider for all to partake. He gave us a great history of Apples from 2000 years ago—to the present. He loves to talk about apples and share his knowledge. So don't be shy! Call him with any questions @775-348-7303.

Meeting was adjourned. See you at our next meeting, September 25, 2006, at 3:30 PM at the Fairway Center in Tahoe City. Respectfully submitted by, Joan Smith, Secretary

### FREE FREE FREE FREE

I STILL HAVE MANY BEAUTIFUL STANDS OF CINNAMON BROWN **BEARDED IRIS** THAT NEED TO BE DIVIDED. Anyone who wants a **SIBERIAN CATMINT** can dig up a plant and take it home with you. I have potting soil and several 1 gal plant pots for you to use. I am in the yard most Tuesdays, Wednesdays and Fridays (also on weekends); call me at 587-6980

and we will arrange a convenient time for both of us. Hope to hear from many of you. *Lorrie Moore 11686 Moon Shadow* 

Court Truckee, (for directions and map see the July Newsletter.)

Also - Barbara Menk (Tahoe City) has 10 **Mountain Ash trees** left to give away. If you are interested, please give her a call at 530-583-3330 for more info.

FREE FREE FREE FREE FREE

### Why We Plant in the Fall

It's simple. Putting in plants now takes full advantage of the cooler weather.

The soil remains warm as day and night temperatures cool. Gentle breezes replace high winds so soil doesn't dry out as quickly.

As plants begin to go dormant, they use less water. The best reason, though, for planting now is what takes place in root systems. Trees, shrubs and perennials planted in the autumn have ample time to establish strong roots. This gives them a much better chance at survivina harsh winters. And gives them a head start come spring time. Late summer and fall is also when most of the growth occurs. It's estimated that 80% of root growth occurs in summer and the late fall. Until the soil freezes, roots continue storing nutrients to get them through the winter. Compared to spring-planted perennials, which often suffer period а of transplant shock, plants installed in the fall have both substantial root growth and more vigorous top growth and flowering that first planting season. Perennials recommended for Fall Planting "Poppies (Papaver") are super cold-hardy that transplant best in the fall in even the coldest areas.

"Columbine (Aquilegia)" are also excellent because they bloom well the next spring after fall planting.

"Stonecrops (Sedum)" are beautiful late summer-early fall bloomers that enjoy fall planting in coldest even the areas. Fall is also a good time to add substance to a garden. This means working in ornamental grasses and woody plants that have fruit and fall foliage. After 4 to 8 weeks roots should be well situated, especially if liquid Seaweed and Superthrive root stimulator is used several times after transplanting. Once a plant is established, watering frequency can be reduced. When the soil begins to freeze, soak it once every 2-3 weeks through the winter months, except when it is very cold and the ground is frozen solid. And that's it in a nutshell. Fall planting is the best way to have an "instant" garden when the next growing season starts. Cindy Bellinger, Editor Santa Fe Greenhouse

### Roses Provide a Final Burst of Color

August 31, 2006 ,Western Mountains and High Plains, by John Cretti. Denver. CO

As the waning days of September approach, and the chill of autumn is in the morning air, we often take for granted our rose bushes. It's been a busy and very hot summer, and roses may not have been at their best this season. At least in my garden, the bushes just seemed to sulk in the heat. Now, however, the roses seem to be awakening with another flurry of buds and blooms. And that's a good sign that the plants are responding to cooler weather and better conditions for growth and bloom. So take advantage of the late summer and early fall to enjoy their beauty and aroma.

### Fall Tips

While it's still too early to think about protecting roses for the winter, it is time to follow some general guidelines to help your roses prepare and harden off before the real cold arrives. 1. Count back six weeks from the first fall frost in your area. Knowing this date is very helpful as it is a guideline to help you in some general rose care. In my area, the first autumn frost can occur from mid to late October. So counting back six weeks, to around September 1st reminds me to stop fertilizing my rose garden by that date. In doing so, I will help condition my rose bushes to cease producing lots of new growth. New growth is a no-no late in the season as it is very vulnerable to frost damage. Not only will the frost damage the new growth, but the drving winds and sudden temperature fluctuations can stress bushes. the rose 2. Continue to water roses throughout the late summer and early autumn. Though the plants will naturally start to slow down with shorter davs and cooler temperatures, let's face it, roses are thirsty shrubs. Deep watering is essential for good root development and carbohydrate storage before winter. So water more deeply and less frequently. This prepares the bushes for a possible winter drv season. 3. Avoid transplanting established roses to new locations in your landscape unless it is absolutely necessary. If you must, prepare the soil in the new location with a generous supply of compost and peat (30 to 40 percent by volume). Then dig up the plant with at least

15 to 18 inches of soil around the rootball. Set at the same depth it was originally growing, mound the soil around the crown, and water well. Continue to water as the soil dries out between waterings. Please, don't waterlog a newly transplanted rose bush. 4. You can still plant containergrown roses that are available now at discounted prices. They need to be planted before the ground freezes so they can acclimate before it really gets cold. Follow the same guidelines above in preparing the new planting site. Enjoy the blooms of roses from now until frost. It is a very special treat to greet the day with the fragrance of rose blossoms from vour own garden. Ref www.homedepotgardenclub.com

### VILLAGER GARDENING CLASS SCHEDULE

10678 Donner Pass Rd, Truckee CA 96161 Telephone: 530 587 0771 villagernursery@sbcglobal.net September 10 - Saturday, 10-to 11:30am

Fall Color in Your Garden. Choose trees, shrubs, and perennials with the most colorful leaves, persistent berries or super late blooms. We'll cover the chemistry and the natural artistry of a showy fall garden.

### September 16 - Saturday, 10-to 11:30am

Gardening in the Fall. Fall is a time to accomplish a great deal in your garden before another long winter.

**September 23 – Saturday**,10-11:30am Class topic suggestions welcome Submit suggestions for a fall class to the nursery.

**September 30** - Saturday, 10-11:30am Gardening with Bulbs Now (October) is the time to plant the ultimate low-maintenance perennials. Learn when bulbs bloom, what to feed them, how to plant them. Learn bulbs for sun and shade, for spreading or seeding. Bulbs that are rodent and deer proof and we'll offer suggestions for planting combinations. Plant now into December for color April – July

**October 7 - Saturday**, 10-noon Seed Collecting Botanizing at it's best - TBA

October 15 – Sunday, All Day Truckee River Day XI Watershed Restoration Projects - River restoration and projects for adult and children volunteers. Spend all day or part of a day learning about and working on our river. Call the Truckee River Watershed Council @ 550-8760 if you are interested in leading groups or if you wish to participateOctober 21 -Saturday, 10-11:30am

"Winterizing" your garden What to do to put your garden to bed well so it rises as healthy as possible in the spring.

October 28 - Saturday, 11:30-1:30am Free Pumpkin Carving Free Pumpkins and carving tools for little ones while they last. We also have pumpkins for sale earlier in October. We'll have hot cider and cookies. And a few specials on Bulbs, Trees and Shrubs (Fall IS for Planting!)

### CGSI calendar

www.californiagardenclubs.org September 15–17 1st Annual Southwestern Indian Art & Fashion Show The Ruth Bancroft Garden Tickets: \$50/person.\* Reservations required. Mail your check to: The Ruth Bancroft Garden, Attn: Jewelry Show, PO Box 30845,Walnut Creek, CA 94598 September 14-16

September 14-16

CGCI Fall Board Meeting- Fortuna Host: Humboldt District. Chairman: Hannah Kesler & Mary Lou Goodwin.

### September 27

Garden Feast 2006 at Strybing Arboretum

Luncheon Celebration benefiting San Francisco Botanical Garden

11:00a.m. Tickets on sale beginning August 1. Tickets start at \$175.00.

Information & reservations: 415-564-3239 ext. 304.

#### October 5-7

NGC Fall Board ~ Williamsburg. Williamsburg Marriott

### October 14-15

Fall Orchid Festival Show & Sale, Diablo View Orchid Society. Pleasant Hill Community Center, 320 Civic Drive - Pleasant Hill See our website:

http://www.dvos.org/ for map of location. Or call 925-648-7667

October 13 -15

Theodore Payne Fall Festival **Oct 22-24** 

CGCI Flower Show Symposium Spa Resort Casino Hotel, downtown Palm Springs. Instructors: Horticulture, Cathy Hawkins, Georgia, and Design, Peggy Nuse, Florida.

### November 2

Annual Fall Table Designs, Boutique, Tea, & Program Presented by Auburn Arrangers in the Presbyterian Church on the hill in

Auburn. Contact Treasurer: Carolyn Flynn 389-2574,

#### **Golden Foothills Garden Club**

goldenfoothills@cagardenclubs.org Director: Mary Francis, Roseville,CA